Finally, smile at someone--especially someone who looks like he or she needs it. A smile from a friend warms your heart. One given by a stranger brightens your day. You will make the person you do something for feel wonderful; doing nice things will make you feel pretty fine, too. Now, we have gone through an effective process to: ★ generate ideas; * gather our ideas into an organized format; and, * express ourselves in an interesting way. A little planning before we write will help us do our It is fine to change what we first plan, but it helps to note on the web what those differences will be. When we find a way to make our writing meaningful and well-done, it will be an extremely valuable thing to each of us.